Menu Item										
*May Contain	Soy	Milk	Wheat	Egg	Shellfish	Fish	Peanut	Treenut	Sesame	None
▲ Contains No Pork			Gluten						(Illinois)	
Milk										
Milk, 1% White		х								
Milk, Chocolate		х								
Milk, Skim		х								
Milk, Soy	х									
Fruit & Juice										
Juice, 100% Fruit, Apple										х
Juice, 100% Fruit, Grape										х
Juice, 100% Fruit, Mixed/Punch										х
Juice, 100% Fruit, Orange										х
Apple										Х
Applesauce										Х
Banana										Х
Clementine										х
Craisins										х
Grapes										х
Orange										х
Pear										х
Plum										х
Raisins										х
Vegetable- Fresh & Frozen										
Bean, Baked 🔺										х
Bean, Black										х
Bean, Black BBQ										х
Bean, Black Charro										x
Bean, Green										х
Bean, Garbanzo										х
Bean, Pinto										x
Bean, Pinto Kickin'										х
Bean, Refried 🛕										х
Blend, Peas & Carrots										x
Blend, Mixed Vegetables										х
Broccoli										x
Carrots										х
Cauliflower										х
Celery Sticks										х
Corn										х
Pea, Green										Х
Pepper, Bell										Х
Potato, Mashed		Х								
fl										X
Potato, Emoticon Fries										Х
Potato, Tater Tots										X
Potato, Sweet Potato Fries										X
Salad, Potato	x			x						

Menu Item			Marin a sala						6	
*May Contain	Soy	Milk	Wheat Gluten	Egg	Shellfish	Fish	Peanut	Treenut	Sesame (Illinois)	None
▲ Contains No Pork			Giuteii						(IIIIIIOIS)	
Salad, Spinach										х
Salad, Tossed										x
Spinach										х
Tomato, Grape										x
Protein, Cheese, Dairy, Yogurt										
Cheese, Cube		х								
Cheese, Stick		x								
Cheese, String Mozzarella		x								
Egg, Hard Boiled				х						
Pepperoni, Slices ▲										x
Yogurt, Strawberry Banana Danimals		х								
Yogurt, Vanilla Danimals		Х								
Grains, Rice, Pasta										
Bread, Biscuit WG		Х	х							
Bread, Breadstick WG			х							
Bread, Breadstick Garlic			х							
Bread, Cornbread Poppers	x	×	х	х						
Bread, Flatbread*	May Contain	×	х							
Bread, Garlic Toast	x	×	х							
Bread, Pretzel Bites			х							
Bread, Pretzel Rod			х							
Pasta, Egg Noodles	х	x	х	х						
Pasta, Penne*			х	May Contain						
Pasta, Spaghetti*			х	May Contain						
Rice, Plain										x
Roll, Dinner			х							
Breakfast Cold										
Bagel, Blueberry			х							
Bagel, Cinnamon Raisin			х							
Bagel, Plain			х							
Bagel, Mini Cinnamon Cream Cheese		x	х							i
F		x	х							
Bar, Butterscotch Oatmeal	x	x	х	x						<u>i</u>
Bar, Benefit, French Toast	x	x	х	х						
Bar, Benefit, Mini Brown Sugar	x	×	х	x						<u>i</u>
Bar, Benefit, Banana Chocolate Chip	Х	Х	Х	Х						
Bar, Cereal, Cocoa Puffs	Х		Х							
Bar, Cereal, Cinn Toast Crunch	Х		Х							
Bar, Cereal, Fruity Cheerios	Х		Х							
Bar, Cereal, Golden Grahams	Х		Х							
Bar, Cereal, Strawberry Cheerios	Х		Х							
Bar, Cereal, Trix	Х		х							
Bar, Nutrigrain, Apple Cinnamon	Х	Х	Х							
Bar, Nutrigrain, Blueberry	Х	Х	Х							
Bar, Nutrigrain, Strawberry	x	x	х							

	_									
Menu Item			Wheat						Sesame	
*May Contain	Soy	Milk	Gluten	Egg	Shellfish	Fish	Peanut	Treenut	(Illinois)	None
▲ Contains No Pork									( /	
Bread, Banana	x	x		х						
Bread, Pumpkin	x	x	х	х						
рр	x	x	х	х						
Breakfast Round, Oatmeal Chocolate Chip	x	x	х	х						
Breakfast Round, Oatmeal Banana Chocolate Chip	x	x	х	х						
Cereal, Cheerios										Х
Cereal, Cheerios Apple Cinnamon										Х
Cereal, Cheerios Fruity										Х
Cereal, Chex Cinnamon										X
Cereal, Chex Corn										X
Cereal, Chex Rice										х
Cereal, Cinnamon Toast Crunch (Reduced Sugar)	x		х							
Cereal, Cocoa Puffs										Х
Cereal, Fruit Loops			х							
Cereal, Frosted Flakes			х							
Cereal, Golden Grahams			х							
Cereal, Lucky Charms										X
Cereal, Raisin Bran*			х					May Contain		X
Cereal, Rice Krispies										Х
Donut, Hole (Dunkers)	х	х	х							
Frudel, Apple		x	х							
Frudel, Cherry		x	х							
Muffin, Apple Cinnamon	х		х	х						
Muffin, Banana	х		х	х						
Muffin, Blueberry	х		х	х						
Muffin, Chocolate Chip	х	x	х	х						
Muffin, Corn	х	x	х	х						
Muffin, English	х	х	х							
Roll, Crescent, Chocolate		x	х							
Roll, Crescent, Grape		x	х							
Roll, Mini Cinni		x	х							
Stik, Dunkin, Glazed	х	х	х	х						
Breakfast Hot										
Bagel, Sausage (Chicken) & Cheese 🛕	x	х	х							
Bosco Stick, Maple Egg & Cheese		×	х	х						
French Toast, Cinnamon Rush	x	×	х	х						
French Toast, Mixed Berry	x	х	х	х						
French Toast, Sticks	х	х	х	х						
Muffin, Egg & Cheese	х	х	х	х				1		
Muffin, Sausage (Chicken) & Cheese	×	x	x					1		
Muffin, Sausage (Chicken), Egg & Cheese	×	x	x	х						
Omelet, Cheddar		X		x						
Pancake, Chocolate Chip	x	x	х	x						
Pancake, Confetti	×	X	X	x	<u> </u>			i		
Pancakes, Maple		x	x	x			1	1		f

Menu Item										
*May Contain	Soy	Milk	Wheat	Egg	Shellfish	Fish	Peanut	Treenut	Sesame	None
▲ Contains No Pork	309	IVIIIK	Gluten	E88	SHEIIISH	LISII	Peanut	rreenut	(Illinois)	None
Pancake, Strawberry Splash		х	х	Х						
Pizza, Breakfast Turkey Sausage 🔺	x	х	х							
Sausage, Chicken Patty 🛕										Х
Waffle, Blueberry	x	х	х	х						
Waffle, Maple Madness	X	х	х	х						
Wrap, Turkey Sausage Pancake 🔺	х	х	х	х						
Condiments										
Cheese, Cream, Original 1 oz		х								
Dressing, Ceasar		х				х				
Dressing, French				х						
Dressing, Italian	Х									
Dressing, Ranch		x		x						
Gravy, Brown*	Х	х	Х	May Contain						
Gravy, Poultry*	х	х	х	May Contain						
Jelly, Grape										х
Sauce, BBQ Heinz										Х
Sauce, Cheese, Cheddar		x								
Sauce, Cheese, Italian Alfredo		x								
Sauce, Ketchup Heinz										Х
Sauce, Marinara										х
Sauce, Marinara, Beef	x									
Sauce, Mayonnaise	x	х		x						
Sauce, Mustard										х
Sauce, Pizza										Х
Sauce, Relish										Х
Sauce, Spaghetti	x									
Sauce, Spaghetti, Beef	x									
Sauce, Taco										Х
Sauce, Tartar				x						
Syrup, Maple										Х
Snacks, Chips, and Crackers										
Cinnamon Bun, Bite Sized	х		х							
Chip, Cheeto, Baked		x								
Chip, Dorito, Cool Ranch		x								
Chip, Dorito, Wild White Nacho		X								
Chip, Munchies Snack Mix		X	Х							
Chip, Tostitos Scoops										Х
Cracker, Animal	Х		Х							
Cracker, Belly Bear, Chocolate			Х							
Cracker, Belly Bear, Cinnamon			Х							
Cracker, Belly Bear, Honey			Х							
Cracker, Bug Bite	Х		х							
Cracker, Churro Cruncher			Х							
Cracker, Cheez It	Х	х	Х							
Cracker, Crunchmania, Cinnamon	х	х	х							1

Menu Item									•	
*May Contain	Soy	Milk	Wheat	Egg	Shellfish	Fish	Peanut	Treenut	Sesame	None
▲ Contains No Pork			Gluten						(Illinois)	
Cracker, Elf Graham, Chocolate	х		х							
Cracker, Elf Graham, Cinnamon	X		х							
Cracker, Goldfish Cheddar		×	х							
Cracker, Goldfish Colors		×	х							
Cracker, Goldfish Graham, Giant Vanilla			х							
Cracker, Graham	X		x							
Cracker, Jungle			х							
Cracker, Scooby Doo Graham	x		х							
uffin		x	х							
Pretzel, Heartzel			х							
Snack, Rice Krispies, Mini	х	х								
Lunch Entrées (Hot)										
Beef Dippers, Teriyaki with Rice	x		Х							
Bowl, Chicken Mashed Potato with Corn & Cheese	х	x	х							
Bowl, Country Chicken Nugget	х	х	х	x						
Bowl, Southwest Chicken & Rice		x	х							
Burrito, Bean & Cheese		x	х							
Burrito, Chili Cheese	x	x	х							
Calzone, Meat Lovers	х	х	х							
Cheeseburger (Beef)	х	х	х							
Chicken, Corn Dog ▲	х	x	х	х						
Chicken, Drumstick, Roasted										×
Chicken, LoMein*	x		х	May Contain					х	
Chicken, Nuggets	х		х							
Chicken, Orange with Broccoli	х		х							
Chicken, Popcorn	х		х							
Chicken, Popcorn Spicy	х		х							
Chicken, Sandwich, Breaded	х		х							
es	х		х							
Chicken, Sandwich, Parmesan	х	х	х							
Chicken, Sandwich, Slider	x		Х							
Chicken, Tender	х		х							
Hamburger, Classic (Beef)	х		х							
Hot Dog, Plain / Hot Diggity Dog (Turkey) ▲			х							
Fish, Bites		x	х			х				
Fish, Sticks		×	х			х				
French Toast, Sticks	х	х	х	х						
Fun Lunch: Mini (Turkey) Corn Dogs, Pretzel Bites, Cheese Sauce	х	x	х	x						
Meatball, Beef	х									
Meatball, Beef BBQ	х	х	х							
Meatball, Chicken	х		х							
Meatball, Chicken BBQ	х		Х							
Meatball, (Chicken) Korean with Rice	х		х						х	
Meatball, (Chicken) with Gravy & Parsley Egg Noodles	х	×	х	х						
Meatloaf, Cheeseburger		x	х							

Menu Item										
*May Contain	Soy	Milk	Wheat	Egg	Shellfish	Fish	Peanut	Treenut	Sesame	None
▲ Contains No Pork			Gluten						(Illinois)	
Melt, Turkey Ham & Cheese 🔺	Х	х	х							
Melt, Cheese (All American)	X	х	х							
Melt, Fish, Patty, American Cheese	х	х	х	х		х				
Nacho, Beef, Cheese, Bean Combo	x	х	х							
Pasta, Cheesy Baked Penne*		х	х	May Contain						
Pasta, Lasagna Roll-Up (Cheese)		х	х	х						
Pasta, Macaroni & Cheese*	х	х	х	May Contain						
Pasta, Penne, Chicken with Tomato Cream Sauce*		х	х	May Contain						
Pasta, Ravioli, Jumbo Cheese		х	х	х						
Pasta, Spaghetti with (Chicken) Meatballs*	х		х	May Contain						
Pizza, Cheesy Flatbread	Х	х	Х							
Pizza, Crunchers		х	Х							
Pizza, Dippers	Х	х	Х							
Pizza, Deep Dish Galaxy Cheese	х	х	х							
Pizza, Deep Dish Galaxy Pepperoni (Turkey & Beef)	х	х	х							
Pizza, Turkey Sausage Flatbread 🔺	X	х	х							
Pull-Apart, Italian Cheese & Garlic		х	х							
Pull-Apart, Southwest Queso		х	х							
Salisbury Steak (Beef) with (Brown) Gravy & Egg Noodles	x	х	х	x						
Salisbury Steak (Beef) with (Brown) Gravy & Mashed Potatoes	X	х	х	х						
Sloppy Joe (Beef) on a Bun	x		х							
Sandwich, Pancake Griddler 🛕	x		х	x						
Soup, Chili, Con Carne	x									
Soup, Chili, Vegetarian										х
Sticks, Mozzarella, Breaded		х	х							
Sub, Meatball (Chicken), BBQ	x	х	х							
Sub, Meatball (Chicken), Pizza	X	х	х							
Tacos, Chicken	x	х	х							
Tacos, Soft Beef & Cheese	X	х	х							
Turkey, Mini Corn Dog 🛕	x	х	х	х						
Turkey with Gravy*	x	х	х	May Contain						
Lunch Entrees (Cold), Lunch Express Sandwich and Salad Entrées										
Chicken, Popcorn (Dippin' Chicken)	X		х							
Flatbread*, (Chicken & Beef or Turkey) Pepperoni, Cheese Cubes	May Contain	x	х							
Flatbread*, Shredded Mozzarella & Pizza Sauce	May Contain	х	х							
Plate, Fresh Apple & Cheese		х								
Salad, Beef Nacho	х	х								
Salad, All-American ▲ (see "Condiments" section for dressing/dressing allergens)		х								
Salad, Chicken Caesar (Includes Caesar dressing allergens)		х				х				
Salad, Chicken, Chef (see "Condiments" section for dressing/dressing allergens)		x		х						
Salad, Chicken, Popcorn (see "Condiments" section for dressing/dressing allergens)	х	х	Х							
Salad, Egg, Chef (see "Condiments" section for dressing/dressing allergens)		×		х						
Salad, Garden, Cheese (see "Condiments" section for dressing/dressing allergens)	İ	х								
Salad, Italian ▲ (see "Condiments" section for dressing/dressing allergens)	Ì	х								
Sandwich, Cheese, American	X	x	х							

Menu Item *May Contain  ▲ Contains No Pork	Soy	Milk	Wheat Gluten	Egg	Shellfish	Fish	Peanut	Treenut	Sesame (Illinois)	None
Sandwich, Chicken Ham, American on a Bun 🔺	х	Х	х							
Sandwich, Chicken Ham, Provolone 🛕	x	х	х							
Sandwich, Roast Beef & Cheddar Cheese		x	х							
Sandwich, Sunbutter & Jelly	x		х							
Sandwich, Turkey Ham, American 🛕	X	х	х							
Sandwich, Turkey Ham, Provolone 🔺	X	х	х							
Sandwich, Turkey, American	X	х	х							
Sandwich, Turkey, American on a Croissant (Bistro Croissant)	x	х	х	х						
Sandwich, Turkey, Chicken Ham, Provolone on a Bun 🔺	X	х	х							
Sandwich, Turkey, Provolone on a Pretzel Roll (Super Turkey Sandwich)	X	х	х							l .
Sub, Turkey Combo & Cheese 🛕		×	х							i
Sub, Turkey Ham, American 🛕	X	х	х							
Sub, Turkey, American	х	х	х							i
Sub, Turkey, Chicken Ham, Cheddar (Combo Sub) 🔺	X	х	х							
Sub, Turkey, Provolone	x	х	х							
Tortilla Chips, Chicken & Shredded Cheddar (Chicken Nacho Sampler)		x	х							
Tortilla, Shredded Mozzarella & Cheddar (WG Wonder Wrap)		x	х							
Tortilla, Turkey, Shredded Mozzarella & Cheddar (BYO Turkey Wrap)	x	х	х							
Wrap, Three Cheese (MYO Powerful Protein Wrap)	x	х	х							
Wrap, Turkey Combo & Cheddar Cheese (Create Your Own American Wrap)		x	х							
Yogurt w/ Granola	х	х								
Yogurt Parfait (Build a Yogurt Parfait - Yogurt, Sunflower Seeds, Rice Chex)		х								

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